



# CANADA SOCCER NEW REFORM 2020-2023



## SKILL CENTER CLUB DEVELOPMENT CENTER (CDC) (U8-U12)

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March 2020

# CLUB LEVEL LICENSING Grassroots Soccer (FIFA)



- The reform was started in 2019 for all soccer clubs in Quebec.
- The reform had already started in Ontario, Alberta, British Columbia, Manitoba, Saskatchewan, New Brunswick & PEI.
- The required criteria, regulations, objectives and principles of the new reform put in place by Soccer Canada and Soccer Quebec are MANDATORY for all clubs in the province.
- There are 4 levels of club licensing: 4-Quality Soccer, 3-Regional, 2- Provincial, **1- National**
- Implementation in summer 2020 for evaluation purposes and observation/supervision by SOCCER CANADA and SOCCER QUEBEC to obtain club license.
- Official start in the entire province with the new leagues in 2021.





# CLUB LEVEL LICENSING Grassroots Soccer (FIFA)



## WHY THIS NEW REFORM?

<https://youtu.be/TInFe337gZQ>

- Having the same structure for more than 60 years has not produced the expected results at the National Senior Level.
- Research conducted by sporting institutions show that 70% of children quit the sport before the ages of 11-13 years old. The main reasons mentioned by young athletes are:
  - It's not fun
  - Pressure to perform
  - Pressure from parents and coaches
  - Afraid to make mistakes
  - Not a lot of playing time (players on bench)
  - Too much focus on winning
  - Too competitive

**DROP OUT**





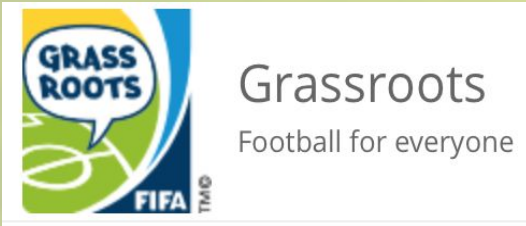
# CLUB LEVEL LICENSING Grassroots Soccer (FIFA)



## IMPACTS OF CUTTING A PLAYER FROM A TEAM

- Quit the sport
- Sense of rejection
- Discourage children who need the sport
- Promotes elitism (only for the best)
- Discourages child from exercising (negative impact on overall health)
- Decreases pool of players (diminished retention of players)
- Lack of realization of potential growth/development





# CLUB LEVEL LICENSING Grassroots Soccer (FIFA)

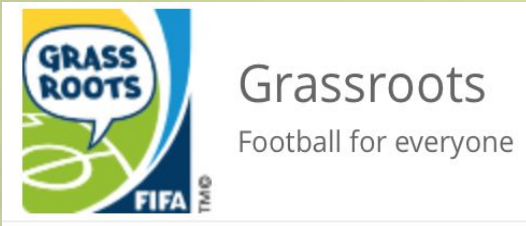


## PHILOSOPHY OF THE REFORM

- To keep as many children playing soccer for life
- Provide a SAFE and FUN experience for all in the best environment possible
- An inclusive program for all who desire
- High standards with quality service for all members
- Ensure that we do not neglect players at a young age; we accept all abilities and capabilities







# CLUB LEVEL LICENSING Grassroots Soccer (FIFA) CDC / SKILL CENTER U8-U12

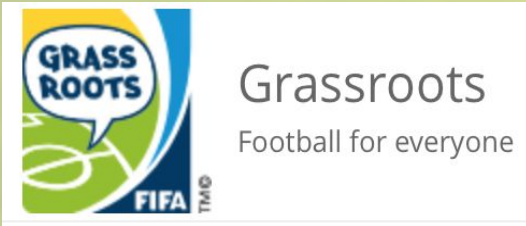


## WHAT ARE THE PRINCIPLES AND OBJECTIVES?

- **No more tryouts - All players who wish can participate in the CDC/Skill Center (Grassroots Development). The Technical team invites a minimum of 50% of the players and the other 50% is by open registration.**
- **NO MORE D1-D2-D3 TEAMS - NOW, 1 big group of players.**
  - Each age category has a maximum number of places in the program depending on our facilities, qualified educators and Technical staff. Ex. U9M, 32 players total.
  - The program will take place over approximately 40 weeks (summer-winter). Minimum required by CSA is 30 weeks.
  - All participants of an age / gender group will have access to all educators and Technical staff. Educators will not be assigned to a permanent group for trainings and matches.







# CLUB LEVEL LICENSING Grassroots Soccer (FIFA)



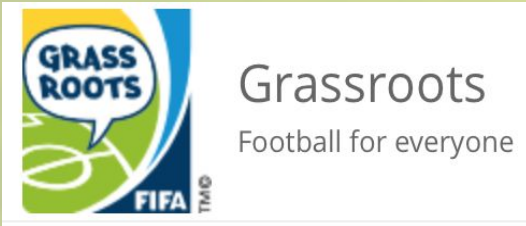
## GROUP CRITERIA for TRAINING

The players are no longer selected to be part of a D1 or D2 team, but rather with a large group where they will train together. Inside the large group, small sub-groups will be formed according to the criteria selected by the Technical staff every 3-4 weeks.

Balanced, Birth Month, and Physical Maturity:

- U9 & U10 : Minimum 2 trainings / week + 1 Match
- U11 & U12 : Minimum 3 trainings / week + 1 Match
- The Technical staff can, at any time, adjust the training groups for the proper functioning of the SKILL CENTER.





# CLUB LEVEL LICENSING Grassroots Soccer (FIFA)



## GROUP CRITERIA for MATCHES

The groups for matches will be made by the Grassroots Manager and Technical staff using the 3 criteria established by the LAC ST LOUIS region in the collaboration with 14 Club Technical Directors:

**\*ALL THE CLUBS MUST CREATE THEIR GROUPS ACCORDING TO THE 3 CRITERIA\***

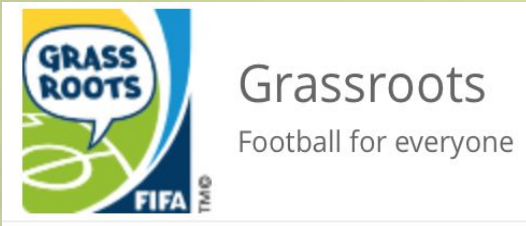
**\*BALANCED :** Mixing the players to balance the groups using their abilities and their current performances.

**\*YEAR OF BIRTH:** Using the birth month of the players (January to December) to create the groups.

**\*PHYSICAL MATURITY (Bio-Banding):** Using the player's size / height to create the groups.







# CLUB LEVEL LICENSING Grassroots Soccer (FIFA)



## MATCH FORMAT

(\*Format: CLUB with CLUB \*) – \*NO CLASSIFICATIONS OR STATISTICS

All of the U9 to U11 of the same club plays against another club on the same day.

### MATCH THEMES

Match 1-2-3: **Balanced**

Match 4-5-6: **Birth Month**

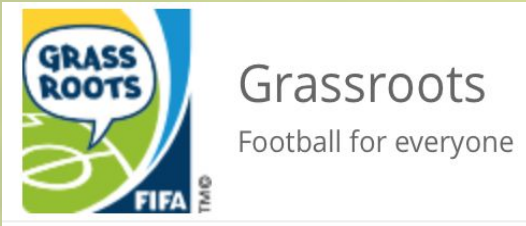
Match 7-8-9: **Physical Maturity**

Match 10-11-12: **Balanced**

### REGIONAL LEAGUE GAME DAY

	<u>MASCULIN</u>	<u>FÉMININ</u>
U8 -	<b>SATURDAY</b>	<b>SUNDAY</b>
U9 -	<b>SATURDAY</b>	<b>SUNDAY</b>
U10 -	<b>SATURDAY</b>	<b>SUNDAY</b>
U11 -	<b>SAT &amp; WED</b>	<b>SUN &amp; THU</b>
U12 -	<b>SAT &amp; MON</b>	<b>SUN &amp; WED</b>





# CLUB LEVEL LICENSING Grassroots Soccer (FIFA)



## PROVISIONAL MATCH SCHEDULE

May: 2 matches, June: 3 matches, July: 2 matches, August: 3 matches,  
Sept.: 3 matches = Possibility of 12-14 matches

## OPEN ROSTER & EXAMPLE OF MATCH DAY

Example : LASALLE U9M with LACHINE U9M, SATURDAY

Group 1 Match at 9am

Group 2 Match at 10am

\*The players could move between Group 1 & Group 2 even if they are considered advanced, in case of absences and injuries. Movements can be made at any time as required by the Grassroots Manager.







Grassroots  
Football for everyone

# CLUB LEVEL LICENSING Grassroots Soccer (FIFA)



## 5 GOAL RULE

During a game, if there is a 5 goal differential, the teams will mix and play together for the remaining time.







Grassroots  
Football for everyone

# CLUB LEVEL LICENSING Grassroots Soccer (FIFA) PROGRAM STRUCTURE



CENTRE DE DÉVELOPPEMENT DE CLUB

## CLUB NATIONAL

**CDC APPROUVÉ PAR CANADA SOCCER**  
STANDARDS POUR LE SOCCER DE BASE

SPHÈRE DE L'INITIATION (SELON LE PLAN DE DÉVELOPPEMENT DE LA PRATIQUE)

STADE DE DÉVELOPPEMENT	STADE 1 : DÉPART ACTIF				STADE 2 : LES FONDAMENTAUX			STADE 3 : APPRENDRE À S'ENTRAÎNER	
	CITÉGORE D'ÂGE				CITÉGORE D'ÂGE			CITÉGORE D'ÂGE	
	U4-U6	U7	U8	U9	U10	U11	U12		
FORMAT DE JEU	DU 1 C 1 AU 4 C 4	5 C 5	5 C 5	7 C 7	7 C 7	9 C 9	9 C 9		
FORMATION DU RESPONSABLE SOCCER DE BASE	LICENCE ENFANTS								
FORMATION DU RESPONSABLE DE PLATEAU	LICENCE C CERTIFIÉ + S1	LICENCE C CERTIFIÉ + S1 ET/OU S2	LICENCE C CERTIFIÉ + S2 ET/OU S3	LICENCE C CERTIFIÉ + S3	LICENCE C CERTIFIÉ + S3	ESP	ESP		
FORMATION DES ÉDUCATEURS D'ATELIER (1 PAR GROUPE)	PARENT* / S1	PARENT* / S2**	S3	S3	S3	LICENCE C CERTIFIÉ	LICENCE C CERTIFIÉ		
FORMAT D'ENTRAÎNEMENT	PARENTS PEUVENT ACCOMPAGNER	100% SOUS FORME D'ATELIERS	100% SOUS FORME D'ATELIERS	100% SOUS FORME D'ATELIERS	100% SOUS FORME D'ATELIERS	MINIMUM 50% SOUS FORME D'ATELIERS	MINIMUM 50% SOUS FORME D'ATELIERS		
NOMBRE D'ENTRAÎNEMENTS PAR SEMAINE OFFERTS PAR LE CLUB	MINIMUM 1	MINIMUM 1	MINIMUM 2	MINIMUM 2	MINIMUM 2	MINIMUM 3	MINIMUM 3		
NOMBRE DE SEMAINES	MINIMUM 12	MINIMUM 12	PROGRAMME ANNUEL DE 30 À 40 SEMAINES	PROGRAMME ANNUEL DE 30 À 40 SEMAINES	PROGRAMME ANNUEL DE 30 À 40 SEMAINES	PROGRAMME ANNUEL DE 30 À 40 SEMAINES	PROGRAMME ANNUEL DE 30 À 40 SEMAINES		
RATIO ÉDUCATEUR/JOUEUR	1 POUR 6	1 POUR 8	1 POUR 8	1 POUR 10	1 POUR 10	1 POUR 12	1 POUR 12		

\*SI LES ÉDUCATEURS SONT DES PARENTS ET/OU BÉNÉVOLES, LE CLUB DOIT OFFRIR UNE FORMATION INTERNE AUX PARENTS BÉNÉVOLES AVANT LA SAISON.

\*\*À PARTIR DE 2021





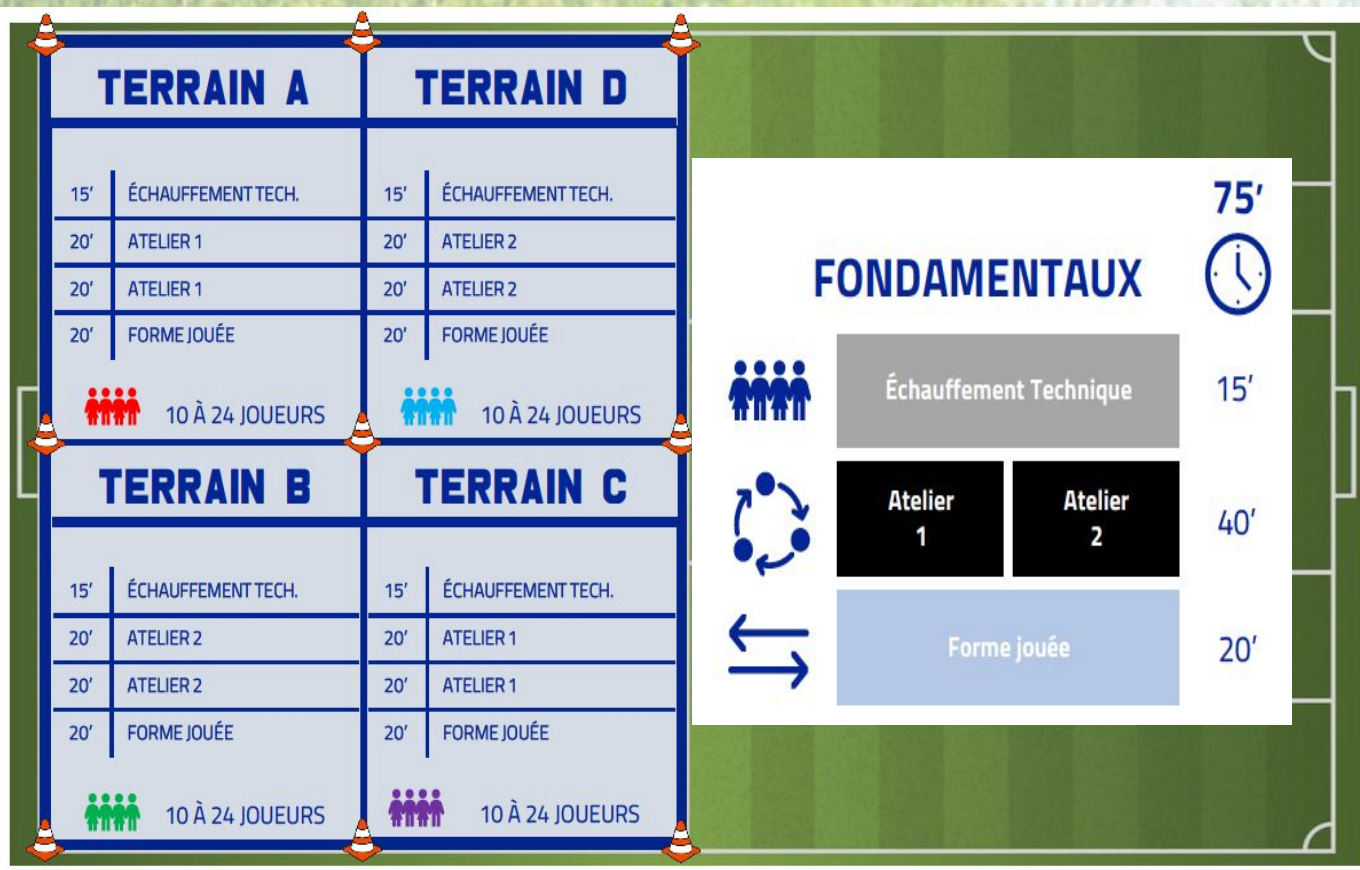
# CLUB LEVEL LICENSING

## Grassroots Soccer (FIFA)

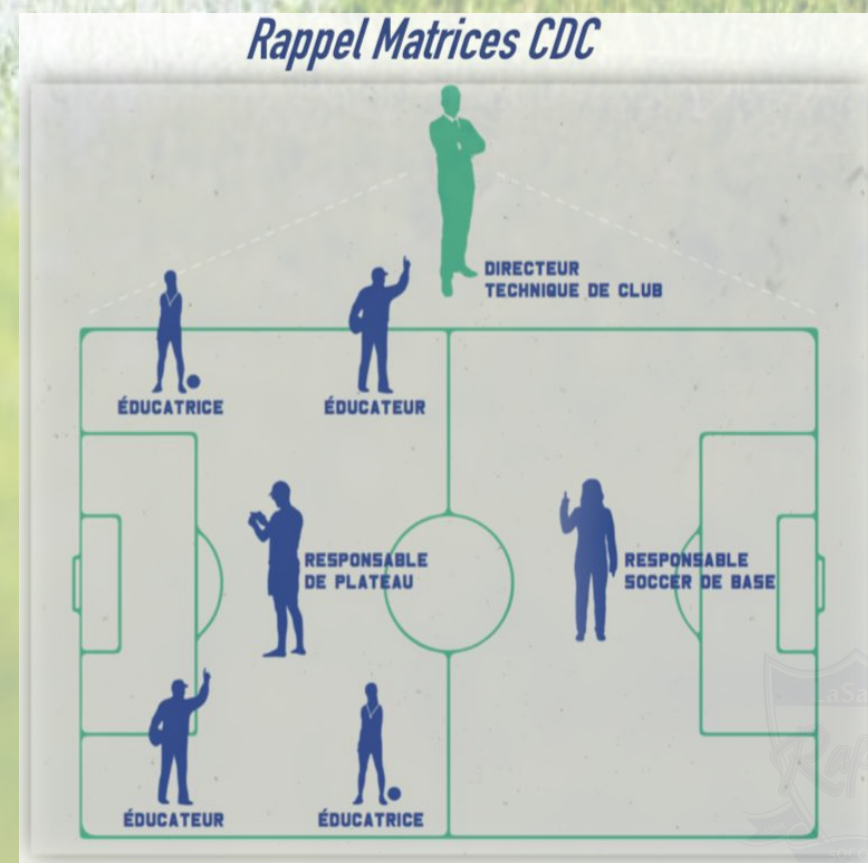
### TRAININGS



#### EXAMPLE U9 - SKILL CENTER (75 mins)



#### TECHNICAL DEPARTMENT





# CLUB LEVEL LICENSING

## Grassroots Soccer (FIFA)

### TRAININGS



### EXAMPLE U10 - SKILL CENTER (90 mins)

### TECHNICAL DEPARTMENT

TERRAIN A

10'	ÉCHAUFFEMENT
20'	ATELIER 1
20'	ATELIER 1
20'	ATELIER 1
20'	ATELIER 1

TERRAIN D

10'	ÉCHAUFFEMENT TECHNIQUE
20'	FORME JOUÉE
20'	FORME JOUÉE
20'	FORME JOUÉE
20'	FORME JOUÉE

TERRAIN B

10'	ÉCHAUFFEMENT TECHNIQUE
20'	ATELIER 2
20'	ATELIER 2
20'	ATELIER 2
20'	ATELIER 2

TERRAIN C

10'	ÉCHAUFFEMENT TECHNIQUE
20'	TRAVAIL PHYSIQUE
20'	TRAVAIL PHYSIQUE
20'	TRAVAIL PHYSIQUE
20'	TRAVAIL PHYSIQUE

14 À 20 JOUEURS

APPRENDRE À S'ENTRAÎNER

Échauffement Technique

Atelier 1

Travail Phys.

Atelier 2

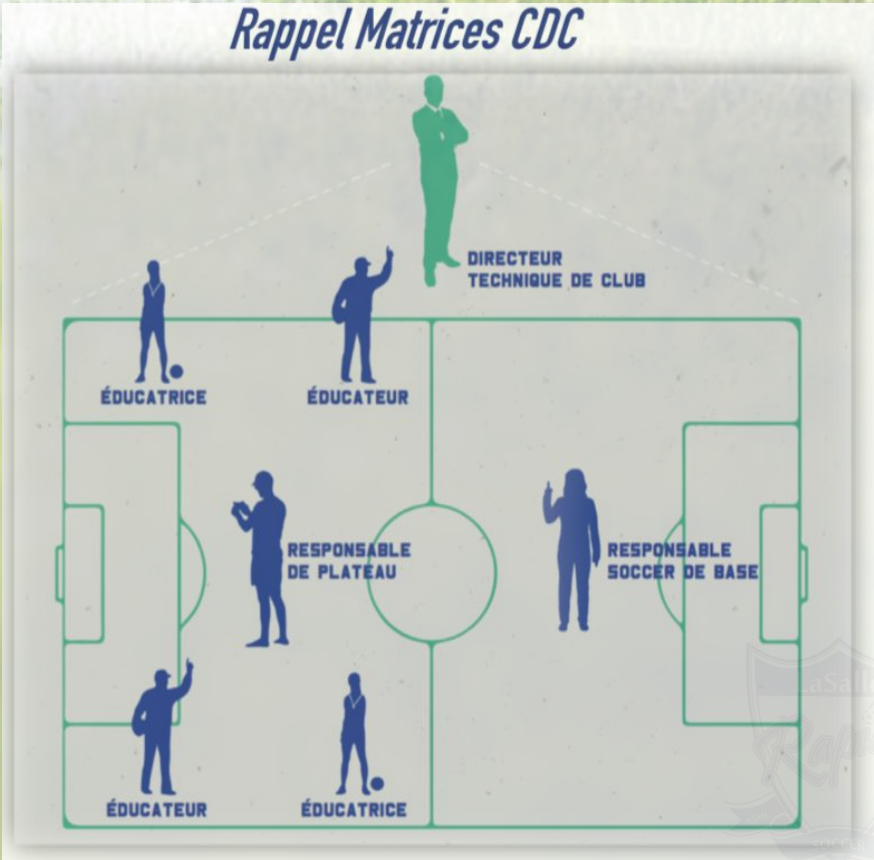
Forme Jouée

90'

10'

40'

40'







# CLUB LEVEL LICENSING Grassroots Soccer (FIFA) TOURNAMENTS



## FOR 2020:

- Some tournaments will be in a festival format: Same number of matches for all teams without classifications and without statistics
- Other tournaments will stay with the competition format (classifications, divisions and medals) as we are still in a transition year.

## FOR 2021:

- SOCCER QUÉBEC and regions will have tournaments designed as festivals only.
- The groups which will take part in tournaments, whatever the format, will be strictly made by the Technical Department and educators.







# CLUB LEVEL LICENSING Grassroots Soccer (FIFA)



***"The secret of change is to focus all of your energy, not on fighting the old, but on building the new." – SOCRATES***

***"Any change, even a change for the better, is always accompanied by drawbacks and discomforts." — Arnold Bennett***

***"If you don't like something, change it. If you can't change it, change your attitude." -Maya Angelou***







Send us your questions at:  
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Register online at:  
[www.lasallesoccer.com](http://www.lasallesoccer.com)

